

Amy S. Dhesi, M.D.

Fertility & Surgical Associates of California
325 Rolling Oaks Drive, Suite 110
Thousand Oaks, CA 91361
Office: 805-778-1122
Fax: 805-778-1199

Professional Experience

- 2015 – 2024 **Kaiser Permanente - Southern California Physician Medical Group**
Department of Obstetrics/Gynecology - Reproductive Endocrinology & Infertility
Partner Physician
Member of Clinical Competency Committee for Resident Education and Lead for REI rotation
Los Angeles Medical Center and Woodland Hills, CA
- 2016 – 2018 **University of Southern California (USC) Fertility**
Reproductive Endocrinology & Infertility
Los Angeles, CA
- 2018 – 2020 **Reproductive Fertility Center**
Reproductive Endocrinology & Infertility
Los Angeles, CA
- 2020 – 2024 **HRC Fertility Center**
Reproductive Endocrinology & Infertility
Encino, CA
- 1/2025 – **Fertility & Surgical Associates of California**
Reproductive Endocrinology & Infertility
Thousand Oaks and Encino, CA

Education

- 2000 - 2004 **University of California, Los Angeles (UCLA)**
Bachelor of Science (B.S.) in Molecular, Cell and Developmental Biology and a Minor in Spanish Linguistics
Graduated *cum laude*
Los Angeles, CA
- 2004 - 2008 **University of California, San Francisco (UCSF)**
School of Medicine
Doctor of Medicine (M.D.)
San Francisco, CA
- 2008 - 2012 **University of California, Los Angeles (UCLA)**
Department of Obstetrics & Gynecology
Residency in Obstetrics & Gynecology
Los Angeles, CA
- 2012 – 2015 **Rutgers – New Jersey Medical School (NJMS)**
Department of Obstetrics, Gynecology, and Women’s Health
Fellowship in Reproductive Endocrinology and Infertility
Newark, NJ

2013 **Frontiers in Reproduction Course**
Sponsored by National Institute of Child Health and Human Development (NICHD)
Marine Biological Institute (MBL) in Woods Hole, MA

Licensure and Certifications

2010 - Present **The Medical Board of California**
Physician and Surgeon, # A111610

2012 – 2015 **The Medical Board of New Jersey**
Physician and Surgeon License 25MA09156700

2015 **American Board of Obstetrics and Gynecology (ABOG)**
Board Certified in Obstetrics & Gynecology

2018 **American Board of Obstetrics and Gynecology (ABOG)**
Board Certified in Reproductive Endocrinology & Infertility

Honors and Awards

2000 – 2001 **Robert W. Kiersted Humanitarian Scholarship, UCLA**
Scholarship based on merit and academic potential.

2003 **Golden Key International Honour Society, UCLA**
Invited member based on academic performance and dedication to service.

2000 – 2004 **Provost Honors, UCLA**
Recognition based on academic achievement.

2004 **Chancellor's Service Award, UCLA**
Service award based on outstanding leadership and service in the Los Angeles community.

2004 **College Honors, UCLA**
Recognition based on academic achievement and completion of pre-selected honors courses.

2004 **Cum Laude Graduate, UCLA**
College graduation with honor

2005 **Dean's Summer Research Fellowship Grant, UCSF**
Funding provided to medical students to perform research in medical school.
"Maternal quality indicators for postpartum hemorrhage."
Principal Investigator – Michael Lu, M.D.
"Obesity is a significant risk factor for prostate cancer at the time of biopsy."
Principal Investigator – William Aronson, M.D.

2006, 2007 **MacKenzie Foundation Scholarship, UCSF**
Scholarship awarded to students preparing to practice in family medicine and primary care related areas.

2013 **Segal/Mastroianni/Koide Scholarship, Woods Hole, MA**
Scholarship to attend Frontiers in Reproduction: 6 week lecture and laboratory course focused on evolving research in the reproductive field

- 2013 **Clinical Research Fellowship and Mentor Award in Women's Health, Travel Grant**
San Francisco, CA
Awarded by Pfizer in conjunction with The Endocrine Society.
- 2013 **Clinical Research Mentor Award**
San Francisco, CA
Awarded by Pfizer in conjunction with The Endocrine Society.

Manuscripts

Freedland SJ, Wen J, Wuestle M, **Shah A**, Lai D, Moalej, Atala C, Aronson WJ. Obesity is a significant risk factor for prostate cancer at the time of biopsy. *Urology*. 2008 Nov;72(5):1102-5.

Gatcliffe TA, Tewari KS, **Shah A**, Brewster WR, Burger RA, Kuo JV, Monk BJ. A feasibility study of topotecan with standard-dose cisplatin and concurrent primary radiation therapy in locally advanced cervical cancer. *Gynecol Oncol*. 2009 Jan; 112(1):85-9.

Shah A, Caughey A, Stotland N, Cheng Y, Ramos G. The Association between Body Mass Index and Gestational Diabetes Varies by Race/Ethnicity. *American Journal of Perinatology*. 2011 Aug;28(7):515-20.

Shah A, Schwarzenberger J, Gui D, Hong R, Chen A. Management of worsening aortic dilation and insufficiency in a 20 week pregnant woman: a case report. *Case Rep Obstet Gynecol*. 2011;2011:483178.

Chazenbalk G, Singh P, Irge D, **Shah A**, Abott DH, Dumesic DA. Androgens inhibit adipogenesis during human adipose stem cell commitment to preadipocyte formation. *Steroids*. 2013 May 23;78(9):920-926.

Dhesi AS, McGovern PG. Diagnosis and Management of Congenital Adrenal Hyperplasia. *Postgraduate Obstetrics & Gynecology*. 2014 June 30;34(12):1-8.

Dhesi AS, Morelli SS. Endometriosis: A Role For Stem Cells. *Women's Health*. 2015 Jan;11(1):35-49.

Dhesi AS, Morelli SS. Metabolic aspects of polycystic ovary syndrome. *Postgraduate Obstetrics & Gynecology*. 2015 August 31;35(16):1-8.

Perlman BE, **Dhesi AS**, Weiss G. Left vaginal obstruction and complex left uterine horn communication in a 12 year old female. *Obstetrics and Gynaecology Cases – Reviews*. 2015 October 29;2:7.

Dhesi AS, Murtough KL, Lim J, Schulkin J, McGovern PG, Power ML, Morelli SS. Metabolic screening in patients with studies in patients with polycystic ovary syndrome is largely underutilized among obstetricians-gynecologists. *Am J Obstet Gynecol*, 2016 Nov;215(5):579.

Abstracts

Shah A, Aronson W, Freedland S. Obesity as a Predictor of Prostate Cancer. Presented, University of California, San Francisco, Dean's Summer Research Fellowship Meeting, 2005.

Shah A, Caughey A, Stotland N, Cheng Y, Ramos G. The Association between Body Mass Index and Gestational Diabetes Varies by Race/Ethnicity. Presented, Society for Gynecologic Investigation 54th Annual Meeting, 2007. Program Abstract # 121 (*Reproductive Sciences 14:91A*, 2007).

Gatcliffe TA, **Shah A**, Kuo JV, Tewari KS, Berman ML, Brewster WL, Burger RA, Monk BJ. Weekly topotecan is feasible with standard-dose cisplatin and concurrent pelvic radiation in the treatment of stage IB2-IVA cervical carcinoma.

Presented, Society of Gynecologic Oncologists Annual Meeting, 2008.

Shah A, Caughey A, Stotland N, Cheng Y, Ramos G. The Association between Body Mass Index and Gestational Diabetes Varies by Race/Ethnicity.

Presented, Obstetrical and Gynecological Assembly of Southern California 65th Annual Meeting, 2010. Program Abstract # 333.

Shah A, Sahakian V, Deugarte C. Total normal motile sperm count plays no role in clinical pregnancy rate after intrauterine insemination.

Presented, Pacific Coast Reproductive Society 59th Annual Meeting, 2011.

Chazenbalk G, Irge D, **Shah A**, Dumesic D. Testosterone inhibits subcutaneous abdominal adipogenesis during adipose stem cell differentiation to preadipocytes.

Presented at American Society for Reproductive Medicine 67th Annual Meeting, 2011. Program Abstract P19 (Fertility and Sterility 96:F114, 2011).

Dhesi AS, Morelli S, Wojtczuk A, Weiss G, Goldsmith LT. Interleukin-8 Expression is not Regulated by Increased Intracellular cAMP in Human Endometrial Epithelial Cells.

Presented at Society for Gynecologic Investigation 60th Annual meeting, 2013. Program Abstract F-108. (Reproductive Sciences 20:223A, 2013).

Tran L, **Shah A**, Bukowski K, Parvataneni R. Buccal versus vaginal misoprostol of third trimester induction of labor.

Presented at Obstetrical and Gynecological Assembly of Southern California 68th Annual Meeting, 2013.

Dhesi AS, Wojtczuk A, Weiss G, Goldsmith LT. cAMP-mediated interleukin-8 expression in human endometrial epithelial cells is protein kinase A independent but mitogen-activated protein kinase and phosphatidylinositol-3-kinase dependent.

Presented at The Endocrine Society 95th Annual Meeting, 2013. Program Abstract SUN-408.

Dhesi AS, Wojtczuk A, Weiss G, Goldsmith LT. Interleukin-8 Expression in Human Endometrial Stromal Cells is cAMP and Mitogen-Activated Protein Kinase Regulated but Protein Kinase A Independent.

Presented at Society for Gynecologic Investigation 61st Annual Meeting, 2014. Program Abstract T-314.

Dhesi AS, Wojtczuk A, Weiss G, Goldsmith LT. Decidualization of Human Endometrial Stromal Cells Stimulates Interleukin-8 Expression: Mediation by Mitogen-Activated Protein Kinase.

Presented at The Endocrine Society 96th Annual Meeting, 2014. Program Abstract MON-0353.

Dhesi AS, Lim J, Solnica A, McGovern PG. Underutilization of Metabolic Screening Studies in Patients with Polycystic Ovary Syndrome.

Presented at Society for Reproductive Investigation 62nd Annual Meeting, 2015. Program Abstract S-042. (Reproductive Sciences 22:312A, 2015).

Kim AS, Hall JM, Ho NJ, **Dhesi AS**, Baker MB, Jabara S. Etiologies of subfertility and pregnancy outcomes among lesbian women undergoing donor sperm intrauterine insemination.

Accepted for presentation at Pacific Coast Reproductive Society Annual Meeting, March 2020.

Kim AS, **Dhesi AS**, Jabara S, Baker MB. Care gaps in fertility preservation services for resident physicians: Survey of fertility preservation awareness and insurance coverage.

Presented at American Society for Reproductive Medicine. 76th Annual meeting, October 2020.

Raj-Derouin N, Starr A, Li Y, **Dhesi AS**, Ben-Ozer S, Jabara S, Baker M. Fertility preservation utilization by transmasculine & non-binary persons in a large health maintenance organization: Trends after implementation of a statewide mandate.

Presented at Pacific Coast Reproductive Society Annual Meeting, March 2024.

Raj-Derouin N, Ben-Ozer S, **Dhesi AS**, Harrison TN, Ghahremani M, Jabara S, Baker M. Prior testosterone use does not appear to impact oocyte cryopreservation outcomes in transgender patients.

Presented at American Society for Reproductive Medicine. 80th Annual meeting, October 2024.

Invited Speaker

2018 – 2022 **Kaiser Los Angeles Medical Center Residency Program Lectures**

*Polycystic Ovary Syndrome
Infertility
CREOG preparation
Obesity, Diabetes, Thyroid Disorders*

2019 **Women’s Health Symposium**

Female infertility

2022 **Women in Medicine at Kaiser Permanente**

Fertility for the female physician

Professional Affiliations

2008 – Present American Congress of Obstetricians and Gynecologists

2012 – Present The Society of UCLA/Harbor Residents in Obstetrics and Gynecology

2013 – 2014 The Endocrine Society

2013 – Present American Society for Reproductive Medicine

2014 – Present Society for Reproductive Endocrinology and Infertility

2019 – 2020 Pacific Reproductive Coast Society

Languages

Spanish (fluent)